

## Artifact Reflection

### Basketball Practice Plan

November 17, 2010

#### Artifact description:

This artifact is a practice plan I wrote while coaching Junior Varsity Girls Basketball at Belmont. The practice plan was used as an organizational tool during practice. The practice plan consists of different drills and points of emphasis on the philosophy of the program.

#### Wisconsin Teaching Licensure Standard Alignment:

##### Standard 7-Instructional Planning

*The teacher organizes and plans systematic instruction based upon knowledge of subject matter, pupils, and the community and curriculum goals.*

The practice plan best aligns with standard 7 because it shows my knowledge of planning hands-on instructional activities. The practice plan also shows my notes on where my players struggled, excelled, and needed extra instruction. It proves that I have the organizational tools and understanding needed to develop instructional material to the level of my pupils. Writing practice plans like this one taught me that what works for some pupils doesn't work for others and that plans have to be adjusted to the pupils.

#### UW-Platteville Knowledge, Skill, Disposition Alignment:

##### KSD3.e. Demonstrating Flexibility and Responsiveness

*The candidate has the ability to make appropriate adjustments to his/her instruction and accommodates students' questions and interests while being aware of student differences and difficulties, and can use a wide range of resources and strategies to meet all students' needs in the classroom.*

This artifact best aligns with KSD3.e because during any practice, a coach must make adjustments to instruction and be aware of players' differences and difficulties. Having the skills to meet the wide variety of needs during a practice requires a wide range of strategies and resources. A practice plan must incorporate kinesthetic, visual, and auditory learning styles to meet all the players' differences and needs.

#### **KSD Secondary Alignments:**

KSD1.e. Designing Coherent Instruction

KSD3.c. Engaging Students In Learning

Personal Reflection:

**What I learned about teaching/learning:**

When I first started writing practice plans like this one, I was unfamiliar with my players, and the results showed this. But over time I learned how they learned and adjusted my plans to fit the players even though those methods didn't fit my style perfectly. This experience has shown me first-hand how important flexibility is when teaching.

**What I learned about myself as a prospective educator:**

The experiences from writing and teaching this practice plan have shown me that it's important to teach subjects from different angles and not just my preferred method. I feel this experience will affect how I connect to students of all learning styles. This will hopefully enhance my classroom atmosphere and teaching styles for the better of all my students.